

Johannesburg Week 2 10 - 14 March 2025

Maternelle

Maternelle Fish Bites



			Spaghetti Bolognese	<u>Maternelle</u> Short Rib Stew	<u>Maternelle</u> Fish Bites	<u>Maternelle</u> Burgers	PREPARED FOR THE WORLD French International School	
				LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
				MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MATIN MORNING			Fruit Cups	Seasonal Fruit GERMANY DAY	Fruit Salad	Seasonal Fruit	Seasonal Fruit Pain au Chocolate INTERNATIONAL PIE DAY
	DÉ JEUNER - LUNCH	Entrée / Starter Choice of garden salad or		Chefs Choice Salad	Chefs Choice Salad	Chefs Choice Salad	Chefs Choice Salad	Chefs Choice
				Green Salad	Green Salad Cucumber and Yoghurt Salad	Green Salad	Green Salad	Salads
				3 bean Salad	(Gurkensalat)	Waldof Apple Salad	Beetroot Salad	Salad Bar
		Plat- Main	VÉGÉTARIEN VEGETARIAN	Spaghetti Veggie Bolognaise with Mozzarella Cheese	Creamed Potato Bake (Rahmkohlrabi)	Sweetcorn Chowder with Couscous	Vegetable Burger with Cheese	Home Made Creamy Spinach Pie
			VIANDE /POISSON MEAT /FISH	Beef Spaghetti Bolognaise with Mozzarella Cheese	Sticky Beef Short Rib (Sauerbraten) with Mash Potato	Hake & Potato Chowder with Couscous	Chicken & Cheese Burger	Home Made Creamy Chicken and Mushroom Pie
			ACCOMPAGNEMENTS SIDE ORDERS	Buttered Corn Spaghetti Pasta French Bread	Fried Salt & Pepper Cabbage Creamy Potato Mash French Bread	Spiced Roasted Vegetable Medley Savoury Couscous French Bread	Chips French Bread	Onion Gravy & Potato Wedges French Bread
		Dessert Desert		Fruit & Yoghurt	Yoghurt & Fruit	Berry Cheesecake Fruit	Yoghurt & Fruit	Fruit Salad

Maternelle Short Rib Stew

Maternelle