



# Menu

Johannesburg

Week 4

27 – 31 January 2024



**Maternelle**  
Garlic & Soy  
Chicken Stew  
Veg = Stir Fry Veg

**Maternelle**  
Tuna and Pasta  
Baked

**Maternelle**  
Sticky BBQ  
chicken fillet

**Maternelle**  
Lamb Casserole &  
Rice








**LUNDI**  
**MONDAY**

**MARDI**  
**TUESDAY**

**MERCREDI**  
**WEDNESDAY**

**JEUDI**  
**THURSDAY**

**VENDREDI**  
**FRIDAY**

MATIN MORNING	 <b>Collation primaire / Primary snack</b> <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>		Fruit Salad	Seasonal Fruit	Fruit Cups	Seasonal Fruit	Seasonal Fruit Cocktail Roll with Tuna Mayo
DÉJEUNER – LUNCH	 <b>Entrée / Starter</b> <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad Copper penny Salad	Chefs Choice Salad Green Salad Butternut & Feta	Chefs Choice Salad Green Salad Sundried Tomato Pasta Salad	Chefs Choice Salad Green Salad Moroccan Beetroot Salad	Chefs Choice Salads Salad Bar
	 <b>Plat-Main</b>	 <b>VÉGÉTARIEN</b> <b>VEGETARIAN</b>	Creamy Vegetable Stroganoff with Peppers and Mushrooms	Macaroni and Vegetable Baked	Baby Marrow and Tomato Bake	Potato Gnocchi with Butter and Blue Cheese	Vegetarian Sausage Hotdogs
		 <b>VIANDE / POISSON</b> <b>MEAT / FISH</b>	Creamy Beef Stroganoff with peppers mushrooms	Tuna and Pasta Baked with Cheese	Thyme Sticky BBQ Chicken Thighs with Sauce	Irish Slow cooked lamb Casserole with Potato, Carrot	Chicken and Chees Griller Hotdogs
		 <b>ACCOMPAGNEMENTS</b> <b>SIDE ORDERS</b>	Glazed Carrot roundel/ Couscous	Minted Pea's/French Bread /	Veggie Spiced Roast Vegetables French Bread Thyme Roasted Potato Wedges	Thyme Roasted Butternut/ Steamed Rice	French Bread Garlic Roast S
 <b>Dessert</b> <b>Desert</b>		Fruit/ Yoghurt	Fruit/Yoghurt	Jelly and Custard Fruit	Fruit /Yoghurt	Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : [cantineljv@lyceejulesverne-jhb.net](mailto:cantineljv@lyceejulesverne-jhb.net)  
 For any questions, suggestions or comments, please email: [cantineLJV@lyceejulesverne-jhb.net](mailto:cantineLJV@lyceejulesverne-jhb.net)

Ces menus peuvent être modifiés en fonction des approvisionnements.  
 These menus can change depending on supply of provisions.