

Johannesburg Week 2 13 – 17 January 2024



				<u>Maternelle</u> Spaghetti Bolognese	Maternelle chicken casserole	<u>Maternelle</u> Fish Fingers with Tomato Sauce	<u>Maternelle</u> Chicken Nuggets with Tomato Sauce	Lycée Jules Verne PREPARED FOR THE WORLD French International School
				LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
				MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATIN MORNING	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit +			Fruit Cups	Seasonal Fruit	Fruit Salad	Seasonal Fruit	Seasonal Fruit Waffle and sauce
DÉJEUNER – LUNCH			Chefs Choice Salad	Chefs Choice Salad	Chefs Choice Salad	Chefs Choice Salad	Chefs Choice	
	Entrée / Starter Choice of garden salad or			Green Salad/Egg and Potato Salad	Green Salad	Green Salad/Broccoli & Cheese Salad	Green Salad	Salads
					Caprese Salad		Watermelon salad	Salad Bar
	Plat- Main		ĠÉTARIEN GETARIAN	Spaghetti Veggie Bolognaise with Cheese	Lentil Ragout with mushrooms, Courgette	Battered Veggie Strips served with Soy Sweet Chilli Dip	Vegetable Schnitzel with cheese sauce	Vegetarian Cheese Burger with Tomato Sauce
			NDE /POISSON AT /FISH	Herbal Meat Balls served with Rich Tomato Relish and Cheese	Thyme Roast Chicken thigh Served Honey and Mustard Sauce	Pan Fried Fish Cakes Served with Creamy C	Pork Schnitzel Or Chicken schnitzel Cheese Sauce	Beef Cheese Burger with Tomato Sauce
			ACCOMPAGNEMENTS SIDE ORDERS	Fried Green Beans with onion/French Bread Spaghetti Pasta	Fried Salt & Pepper Cabbage Creamy Potato Mash	Creamy Spinach French Bread Raisin Couscous	Glaised Baby Carrot/ French Bread /Roasted Potato Wedges	French Bread Potato Wedges
	Dessert Desert			Fruit/Yoghurt	Yoghurt & Fruit	Cup Cheese cake with Strawberries Fruit	Yoghurt & Fruit	Fruit Salad

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements. These menus can change depending on supply of provisions.

Maternelle