

# Menu

Pretoria **Week 2**  
10 – 14 February 2025



**Maternelle**  
Spaghetti and  
meat ball

**Maternelle**  
Creamy Chicken  
Mustard

**Maternelle**  
Fish Fingers with  
Tomato Sauce

**Maternelle**  
Pulled Pork








**LUNDI**  
**MONDAY**

**MARDI**  
**TUESDAY**

**MERCREDI**  
**WEDNESDAY**

**JEUDI**  
**THURSDAY**

**VENDREDI**  
**FRIDAY**

MATIN MORNING	 <b>Collation primaire / Primary snack</b> <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>		Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
DÉJEUNER – LUNCH	 <b>Entrée / Starter</b> <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad/Egg and Potato Salad	Chefs Choice Salad Green Salad Caprese Salad	Chefs Choice Salad Green Salad/Broccoli & Cheese Salad	Chefs Choice Salad Green Salad Watermelon salad	Chefs Choice Salads Salad Bar
	 <b>Plat-Main</b>	 <b>VÉGÉTARIEN</b> <b>VEGETARIAN</b>					
		 <b>VIANDE / POISSON</b> <b>MEAT / FISH</b>	Herbal Meat Balls served with Rich Tomato Relish and Parmesan Cheese	Creamy French Mustard Roasted Chicken with Thyme	Pan Fried Mediterranean Fish in Tomato Gravy	Pulled Pork with Coleslaw or Pulled Beef with Coleslaw Salad	Creamy Chicken Mushroom Carbonara with parmesan
		 <b>ACCOMPAGNEMENTS</b> <b>SIDE ORDERS</b>	Steamed Mixed Vegetable /French Bread Spaghetti Pasta	Grilled Zucchini Creamy Potato Mash	Roasted Mixed Vegetable /Steamed Butter Couscous	Garlic roasted Potato Wedges	Penne pasta Stir-fried
 <b>Dessert</b> <b>Desert</b>		Fruit/Yoghurt	Yoghurt & Fruit	Ice Cream Fruit	Yoghurt & Fruit	Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : [cantineljv@lyceejulesverne-jhb.net](mailto:cantineljv@lyceejulesverne-jhb.net)  
For any questions, suggestions or comments, please email: [cantineLJV@lyceejulesverne-jhb.net](mailto:cantineLJV@lyceejulesverne-jhb.net)

Ces menus peuvent être modifiés en fonction des approvisionnements.  
These menus can change depending on supply of provisions.