

Johannesburg Week 1 06–10 January 2025

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			<u>Maternelle</u> Chicken Burger	<u>Maternelle</u> Fish Bite	<u>Maternelle</u> Beef Bourguigon	<u>Maternelle</u> Mild Butter chicken Curry	PREPARED FOR THE WORLD French International School
			LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATIN MORNING	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit +		Seasonal Fruit	Fruit Salad	Seasonal Fruit	Fruit Cups	Seasonal Fruit Cocktail Blueberry Muffin
DÉJEUNER – LUNCH	Entrée / Starter Choice of garden salad or		Chefs Choice Sala/Green Salad Summer Pasta	Chefs Choice Salad Green Salad Roasted Sweet potato salad	Chefs Choice Salad Green Salad/ Avo	Chefs Choice Salad Green Salad	Chefs Choice Salads
			Salad & Raisin	Sweet polato salau	Salad,cucumber,Co cktail tomato	Asian Slow Salad	Salad Bar
	Plat- Main	VÉGÉTARIEN VEGETARIAN	Cheesy Vegetable Burger with Perinaise Sauce	Aubergine Roll with Tofu and tomato Relish	Vegetable Fried Rice, Peppers and Beans	Stuffed Potato Spinach &Feta served with Sauce	Vegetarian Pizza
		VIANDE / POISSON MEAT / FISH	Cheesy Chicken burger with Perinaise Sauce	Creamy Fish on Potato Baked Gratin	French Beef Bourguignon with Carrot & Mushrooms, Red wine Jus	Buttered Chicken Curry with Dhania	Assorted Pizza
		ACCOMPAGNEMENTS SIDE ORDERS	Garlic Roasted Potato wedges	Tomato and Ratatouille Vegetable	Savoury Rice Sweet Butternut Mash	Creamy Mash Potato /Peas and corn	French Fries
	Dessert Desert		Fruit /Yoghurt	Yoghurt & Fruit	French Chocolate mousse & strawberries	Yoghurt & Fruit	Fruit Salad
	\smile				Fruit		

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements. These menus can change depending on supply of provisions.