

Menu

Pretoria **Week 1**
04 – 08 November 2024



Maternelle
Fish Bites with
Tomato Sauce

Maternelle
Chicken a la king
with Pea's

Maternelle
Cheesy Mince and
Macaroni

Maternelle
Mini Pies and
Gravy








LUNDI
MONDAY

MARDI
TUESDAY

MERCREDI
WEDNESDAY

JEUDI
THURSDAY

VENDREDI
FRIDAY

MATIN MORNING	 Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>		Seasonal Fruit	Fruit Salad	Seasonal Fruit	Fruit Cups	Seasonal Fruit Cocktail Blueberry Muffin
DÉJEUNER - LUNCH	 Entrée / Starter <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad Coleslaw & raisins	Chefs Choice Salad Green Salad Harissa Couscous with Sundried Tomato	Chefs Choice Salad Green Salad Beetroot Salad	Chefs Choice Salad Green Salad Baked Bean & Tomato Salsa	Chefs Choice Salads Salad Bar
	 Plat-Main	 VÉGÉTARIEN VEGETARIAN					
		 VIANDE / POISSON MEAT / FISH	Fried Hake Portion with Lemon and Garlic Creamy sauce	Creamy Chicken a la king with Pea's	Beef Lasagne	Assorted Pie and Gravy	Lamb & Lentil Basmati Biryani
		 ACCOMPAGNEMENTS SIDE ORDERS	Buttered & Steamed Green Beans French Bread Rosemary Roasted Potato Wedges	Roasted Cinnamon Butternut Cubes French Bread Parsley Rice	Balsamic Roasted Vegetable Medley Garlic Bread	Steamed Pea's, Corn & Carrots French Bread Garlic Mashed Potato	Riata Dip Coconut Salsa French Bread Basmati Rice
 Dessert Desert		Fruit	Yoghurt & Fruit	Ice Cream Lollies Fruit	Yoghurt & Fruit	Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
These menus can change depending on supply of provisions.