

# Menu

Johannesburg

Week 1

04 – 08 November 2024



**Maternelle**  
Fish Bites with  
Tomato Sauce

**Maternelle**  
Chicken a la king  
with Pea's

**Maternelle**  
Cheesy Mince and  
Macaroni

**Maternelle**  
Mini Pies and  
Gravy








**LUNDI**  
**MONDAY**

**MARDI**  
**TUESDAY**

**MERCREDI**  
**WEDNESDAY**

**JEUDI**  
**THURSDAY**

**VENDREDI**  
**FRIDAY**

MATIN MORNING	 <b>Collation primaire / Primary snack</b> <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>		Seasonal Fruit	Fruit Salad	Seasonal Fruit	Fruit Cups	Seasonal Fruit Cocktail Blueberry Muffin
DÉJEUNER - LUNCH	 <b>Entrée / Starter</b> <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad Coleslaw & raisins	Chefs Choice Salad Green Salad Harissa Couscous with Sundried Tomato	Chefs Choice Salad Green Salad Beetroot Salad	Chefs Choice Salad Green Salad Baked Bean & Tomato Salsa	Chefs Choice Salads Salad Bar
	 <b>Plat-Main</b>	 <b>VÉGÉTARIEN</b> <b>VEGETARIAN</b>	Onion Bahji's with Soy and Sweet Chilli Dip	Creamy Mushroom a la king with Pea's	Vegetable Lasagne	Assorted Pie and Gravy	Chickpea & Lentil Basmati Biryani
		 <b>VIANDE / POISSON</b> <b>MEAT / FISH</b>	Fried Hake Portion with Lemon and Garlic Creamy sauce	Creamy Chicken a la king with Pea's	Beef Lasagne	Assorted Pie and Gravy	Lamb & Lentil Basmati Biryani
		 <b>ACCOMPAGNEMENTS</b> <b>SIDE ORDERS</b>	Buttered & Steamed Green Beans French Bread Rosemary Roasted Potato Wedges	Roasted Cinnamon Butternut Cubes French Bread Parsley Rice	Balsamic Roasted Vegetable Medley Garlic Bread	Steamed Pea's, Corn & Carrots French Bread Garlic Mashed Potato	Riata Dip Coconut Salsa French Bread Basmati Rice
 <b>Dessert</b> <b>Desert</b>		Fruit	Yoghurt & Fruit	Ice Cream Lollies Fruit	Yoghurt & Fruit	Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : [cantineljv@lyceejulesverne-jhb.net](mailto:cantineljv@lyceejulesverne-jhb.net)  
 For any questions, suggestions or comments, please email: [cantineLJV@lyceejulesverne-jhb.net](mailto:cantineLJV@lyceejulesverne-jhb.net)

Ces menus peuvent être modifiés en fonction des approvisionnements.  
 These menus can change depending on supply of provisions.