

Pretoria Week 4 25 - 29 November 2024



	111 6	nu	<u>Maternelle</u> Garlic & Soy Chicken Stew Veg = Stir Fry Veg	<u>Maternelle</u> Fish Fingers with Tomato sauce	<u>Maternelle</u> Sticky BBQ chicken fillet	Maternelle Beef Casserole & Rice	Lycée Jules Verne PREPARED FOR THE WORLD French International School
			LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATIN MORNING	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit +		Fruit Salad	Seasonal Fruit	Fruit Cups	Seasonal Fruit	Seasonal Fruit Cocktail Roll with Tuna Mayo
DÉJEUNER – LUNCH	Entrée / Starter Choice of garden salad or		Chefs Choice Salad Green Salad	Chefs Choice Salad	Chefs Choice Salad Green Salad	Chefs Choice Salad Green Salad	Chefs Choice Salads
			Copper penny Salad	Green Salad Butternut & Feta	Sundried Tomato Pasta Salad	Cucumber, Mint & Yoghurt	Salad Bar
	Plat- Main	VÉGÉTARIEN VEGETARIAN					
		VIANDE / POISSON MEAT / FISH	Garlic & Soy Beef Stir Fry Chow Mein	Creamy Hake Fish and Potato Bake	Sticky BBQ Chicken Thighs	Beef Casserole with Baby Onion and Carrot	Chicken and Chees Griller Hotdogs
		ACCOMPAGNEMENTS SIDE ORDERS	Steamed & Seasoned Broccoli French Bread Egg Noodles	Minted Pea's French Bread Savoury Couscous	Veggie Spiced Roast Vegetables French Bread Thyme Roasted Potato Wedges	Buttered Green Beans French Bread Fluffy White Rice	French Bread Fresh Fried Chips
	Dessert Desert		Fruit	Fruit/Yoghurt	Chef's Surprise Dessert Fruit	Fruit	Fruit Salad

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements. These menus can change depending on supply of provisions.