Menu

Johannesburg **Week 3 18 – 22 November 2024**



		5 11 U	<u>Maternelle</u> Chicken Schnitzel with Tomato Sauce	Maternelle Beef Stroganoff with Rice	<u>Maternelle</u> Mac & Cheese	Maternelle Fish Bites with Tomato Sauce	Lycée Jules Verne PREPARED FOR THE WORLD French International School
			LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATIN MORNING	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit +		Seasonal Fruit	Fruit Cup	Vegetarian Day Seasonal Fruit	Fruit Salad	Seasonal Fruit Waffles with Barone Spread
DÉJEUNER – LUNCH	Entrée / Starter Choice of garden salad or		Chefs Choice Salad Green Salad	Chefs Choice Salad	Chefs Choice Salad	Chefs Choice Salad	Chefs Choice Salads
			Mediterranean	Green Salad	Green Salad	Green Salad	
			Couscous	Beetroot Salad	Mixed Bean Salad	Basil Pesto Pasta	Salad Bar
	Plat- Main	VÉGÉTARIEN VEGETARIAN	Vegetarian Schnitzel with Parmesan Cheese Sauce	Mushroom Stroganoff with Green Peppers	Creamy Baked Macaroni and cheese	Vegetarian Strips with Pink Sauce	Mexican Open Wrap with Chilli Con Carne & Corn, Bean and Avo Salad & Cheese
		VIANDE / POISSON MEAT / FISH	Chicken/Pork Schnitzel with Parmesan Cheese Sauce	Beef Stroganoff with Green Peppers	Creamy Baked Macaroni and Cheese	Crumbed Hake Fillet / Fish fingers with Pink Sauce	Mexican Open Wrap with Chilli Con Carne & Corn, Bean and Avo Salad & Cheese
		ACCOMPAGNEMENTS SIDE ORDERS	Sweet glazed Carrots French Bread Roasted Rosemary Baby Potatoes	Garlic Stir Fried Vegetable Medley French Bread Steamed Rice	Mashed Cinnamon Butternut French Bread Macaroni Pasta	Buttered Pea's, Corn & Carrots French Bread Mashed Potato	French Bread Fresh Fried Chips
	Dessert Desert		Fruit	Yoghurt & Fruit	Chocolate Doughnut Fruit	Yoghurt & Fruit	Fruit Salad

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements. These menus can change depending on supply of provisions.