

Johannesburg Week 2 11 - 15 November 2024



III Menu			<u>Maternelle</u> Spaghetti Bolognaise	<u>Maternelle</u> Sweet n Sour Chicken Stew Veg = Stir Fry Veg	Maternelle Fish Fingers with Tomato Sauce	<u>Maternelle</u> Chicken Nuggets with Tomato Sauce	Lycée Jules Verne PREPARED FOR THE WORLD French International School
			LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
			MONDAY	TUESDAY	W E D N E S D A Y	THURSDAY	FRIDAY
MATIN MORNING	- (() Eléme	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit +		Seasonal Fruit	Fruit Salad	Seasonal Fruit	Seasonal Fruit Cocktail Roll with Melrose Spread
DÉJEUNER – LUNCH	Entrée / Starter Choice of garden salad or		Chefs Choice Salad	Chefs Choice Salad	Chefs Choice Salad	Chefs Choice Salad	Chefs Choice
			Green Salad	Green Salad	Green Salad	Green Salad	Salads
			Mixed Bean Salad	Caprese Salad	Potato & Egg Salad	Carrot & Pineapple	Salad Bar
	Plat- Main	VÉGÉTARIEN VEGETARIAN	Spaghetti Veggie Bolognaise with Mozzarella Cheese	Sweet & Sour Vegetable Stir Fry Chow Faan	Battered Veggie Strips served with Soy Sweet Chilli Dip	Creamy Vegetable Bake topped Cheddar Cheese	Vegetarian Cheese Burger with Tomato Sauce
		VIANDE / POISSON MEAT / FISH	Spaghetti Beef Bolognaise with Mozzarella Cheese	Sweet n Sour Chicken Stir Fry Chow Faan	Battered Hake Fillets with Tartar Sauce	Roasted Rosemary & Lemon Chicken Thighs	Beef Cheese Burger with Tomato Sauce
		ACCOMPAGNEMENTS SIDE ORDERS	Buttered Corn on a cob French Bread Spaghetti Pasta	Fried Salt & Pepper Cabbage French Bread Fried Rice	Medley of Garlic Roasted Vegetables French Bread Savoury Couscous	Creamy Spinach French Bread Roasted Potato Wedges	French Bread Fresh Fried Chips
	Dessert Desert		Fruit	Yoghurt & Fruit	Marshmallow Rice Krispy Treats Fruit	Yoghurt & Fruit	Fruit Salad

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements. These menus can change depending on supply of provisions.