










Menu

Johannesburg

Week 3 / 14-28 October
2024



		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY	
MATIN MORNING	 Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit Salad Vegetarian day	Seasonal Fruit	Beignet/Mikate Fruit	
DÉJEUNER - LUNCH	 Entrée / Starter <i>Choice of garden salad or...</i>	Mexican Day Garden Salad Mexican Salad	Garden Salad Greek Salad	Garden Salad Couscous & Sundried tomato Salads	Garden Salad Tomato and cucumber Salsas	Salad Bar	
	 Plat- Main	 VÉGÉTARIEN VEGETARIAN					
		 VIANDE / POISSON MEAT / FISH	Mexican Chilli Con Carne, Quacamole, plain Yoghurt	Creamy Tuna & Pasta Bake with Cheese	Savoury Vegetable Quiche Bake	Thyme Creamy Chicken Provençale	Chicken, mushrooms Pineapple Pizza
		 ACCOMPAGNEMENTS SIDE ORDERS	Country Roast mixed vegetable Steamed Rice	Grilled Zucchini with Red onion	Garlic Roasted Sweet Potato	Steamed Baby Carrot and mint/Fried Basmati rice	Chips
 Dessert Desert	Assorted Yoghurt Fruit	Fruit	Ice Cream/ Fruit	Fruit	Fruit/Assorted Yoghurt		

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
 For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
 These menus can change depending on supply of provisions.