










# Menu

Pretoria  
 Week 3 16 - 20  
 September 2024



		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY	
MATIN MORNING	 <b>Collation primaire / Primary snack</b> <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>	Fruit	Fruit	Fruit <b>VEGETARIAN DAY</b>	Fruit	Fruit	
	 <b>Entrée / Starter</b> <i>Choice of garden salad or...</i>	Garden Salad Waldorf Salad	Garden Salad Potato & Egg Salads	Garden Salad Harissa Couscous & Chickpea Salad	Garden Salad Cucumber, Mint & Yoghurt Salad	Salad Bar	
DÉJEUNER - LUNCH	 <b>Plat-Main</b>	 <b>VÉGÉTARIEN</b> <b>VEGETARIAN</b>					
		 <b>VIANDE / POISSON</b> <b>MEAT / FISH</b>	Pork Neck Roast / Roast Chicken Thigh served with Honey & Soy sauce	Fried Hake fillet with Lemon & Garlic sauce	<b>VEGETARIAN DAY</b> Vegetarian Lasagne with Garlic Bread	Homemade Chicken and Vegetable Pie with Onion Gravy	Assorted Pizza Day
		 <b>ACCOMPAGNEMENTS</b> <b>SIDE ORDERS</b>	Glazed Sweet Carrots  Crispy Potato Wedges	Creamy Spinach  Couscous	Pumpkin Tart	Spiced Mediterranean Vegetable Medley  Savoury Rice	Chips
		 <b>Dessert</b> <b>Desert</b>	Yoghurt  Fruit	Chocolate Mousse  Fruit	Fruit	Yoghurt  Fruit	Assorted Jelly  Fruit

Pour toute question, suggestion ou commentaire, envoyez un email à : [cantineljv@lyceejulesverne-jhb.net](mailto:cantineljv@lyceejulesverne-jhb.net)  
 For any questions, suggestions or comments, please email: [cantineLJV@lyceejulesverne-jhb.net](mailto:cantineLJV@lyceejulesverne-jhb.net)

Ces menus peuvent être modifiés en fonction des approvisionnements.  
 These menus can change depending on supply of provisions.