TRUDI



## Menu



VENDREDI

## Week 4 /24-28 June 2024

MERCREDI

				LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY
MATIN MORNIN		Collation primaire / Primary snack  Elémentaire : Fruit seulement /only  Maternelle : Fruit +			Cheese and Biscuit Fruit	Brown Roll Tuna & mayo Fruit	Apple Danish Fruit	Caramelised Popcorn Fruit
DÉJEUNER - LUNCH		Entrée / Starter Choice of garden salad or			Garden Salad Soup of the day	Garden Salad Harrisa Cous-cous Salad	Garden Salad Soup of the day	Salad bar
		Plat- Main	VÉGÉTARIEN VEGETARIAN	South African Tradition Vegetable Bredie	Blue Cheese & Apple Gnocchi	Creamy Mushroom and Chickpea Stroganoff with Peppers	Savoury Vegetable Quiche	Vegetarian Pizza
			VIANDE /POISSON MEAT /FISH	South African Traditional Lamb Bredie	Battered Hake with tartar sauce	Creamy Beef Stroganoff with Peppers	Lemon & Herb Roasted Chicken Thigh with Gravy	Chicken and Pineapple Pizza
			ACCOMPAGNEMENTS SIDE ORDERS	Raisin Cous cous Roasted Mediterranean Vegetables	Fluffy Steamed Rice Chinese Stir Fry Vegetables	Mashed Potato Minted Pea's	Butter & Parsley Baby Potatoes Mashed Butternut	Fresh Chips
	Dessert Desert			Fruit	Fruit/Yoghurt	Fruit	Chocolate Doughnut Fruit	Fruit/Yoghurt

MARDI

LUNDI